

OFFICIAL CO-CURRICULAR RECORD

Gurkaranveer Kaur

10277693



Workshops, Certificates and Leadership Development

Period	Position	Description	Learning Outcomes
2021-22	Sexual Violence Prevention Training Participant <i>Level One: Informed Support Person</i>	Students learned information about sexual violence statistics and myths to better understand how the continuum of sexual violence is a societal issue. Students also became informed on how to be a good support person during and after a disclosure of sexual assault or sexual violence. One hour duration	Social Responsibility, Practical Skill Development, Takes Initiative

This signature confirms the authenticity of this record:

A handwritten signature in black ink, reading "K. McIntosh".

Kate McIntosh

Vice President, Student Experience



This is an official Co-curricular Record. To confirm the authenticity of this record please scan the QR Code to the right or visit:
<https://mycampus.flemingcollege.ca/o/ccrv/ZFovYzIRUHVta1NOdzlqeVRxWkxWZz09>

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Fleming College provides a holistic learning experience; empowering students to develop both technical and life skills. The CCR is documentation of approved individual student experiences outside the classroom. These experiences are intended to provide intentional learning and development with specific focus on relevant competencies as identified through the Council for the Advancement of Standards in Higher Education framework and The Ministry of Training, Colleges and University - Essential Employability Standards guidelines.

Competencies are unique to each co-curricular experience and reflects intentional skill development in one of ten unique learning outcome categories:

Appreciating Diversity and Social Responsibility

Global Perspective: Creates positive and impactful interactions in support of enhancing inclusion in own community and/or globally

Social Responsibility: Recognizes and responds to the use of stereotypes and assumptions

Civic Responsibility: Reflects on how thoughts, languages and actions impact the development of supportive, inclusive communities

Critical Thinking and Problem Solving

Practical Skill Development: Employs practical knowledge through applied learning strategies to obtain positive outcomes and develop transferable skills

Creativity: Exhibits creative and innovative thinking to analyze and/or develop original solutions

Critical Thinking: Uses a variety of thinking skills to anticipate and solve problems

Leadership Development

Role Modelling: Explores personal impact as a role model to foster leadership in individuals/communities

Leadership Growth and Development: Reflects on own leadership style and abilities

Effective Leadership: Serves in a leadership capacity by taking initiative in a variety of development opportunities

Time Management and Prioritizing

Organization Strategies: Ability to organize own work and can multi-task priorities

Time Management: Manage the use of time and other resources to complete tasks or projects

Goal Oriented: Uses personal and educational goals to set priorities and guide decisions

Collaboration and Relationship Management

Interdependence: Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of shared goals

Respecting Team Dynamics: Respects individuals and their multiple perspectives in the successful completion of team-based projects and activities

Demonstrating Professionalism: Seeks feedback from others and accepts constructive feedback in return

Healthy Behaviour

Holistic Wellness Promotion: Articulates relationship between mental and physical health and holistic wellness

Maintaining Health and Wellness: Chooses behaviour and environments that promote health and reduce risk

Encouraging Healthy Behaviour: Exhibits and promotes healthy behaviour that advance a healthy community

Self-Awareness and Reflection

Self-Understanding: Acknowledges personal strengths and weaknesses and learns from past experiences

Collaboration: Considers potential differences in self and others before decisions are made

Identity Development: Understands own identity and culture, reflecting on personal morals, values and ethics

Communication and Information Delivery

Effective Reasoning: Effectively combines multiple information sources to provide accurate details to others

Instruction and Demonstration: Reinforces personal knowledge by instructing and/or demonstrating to others

Effective Communication: Uses engaging verbal and non-verbal communication techniques to ensure understanding by the audience

Initiative and Decision Making

Acknowledges Responsibility: Take responsibility for ones actions, decisions and consequences

Takes Initiative: Understands and takes initiative in developing and/or sustaining positive changes on and/or off campus

Constructing Knowledge: Uses information from a variety of sources including personal experience and observation to form a decision or opinion

Sustainable Practices

Advocates for Sustainable Principles: Applies effective leadership skills to engage stakeholders to effect positive social, cultural, economic and environmental change

Sustainable Decision Making: Applies sustainable principles to decision making at a variety of levels (personal/local/regional/global)

Sustainable Community Development: Gains understanding of the role of communities and organizations in encouraging accountability and influencing human behaviour in ecosystem sustainability